heycare

Family Services

Three ways heycare has your back.

Care and knowledge all in one place. Support before the challenge becomes overwhelming — and immediate help when you need it most.



Care for your loved ones

Direct access to the largest network of vetted care solutions — babysitting, holiday programs, senior companionship and everyday assistance.



Personal guidance

Phone and video consultations with qualified advisors — on parental leave, parental allowance, parenting, ADHD, self-care and more.



Knowledge that supports you

A resource library on pregnancy, work-life balance, caregiving and preventive care — at your own pace.

What you discuss here stays confidential.

heycare is paid for by your employer — but it's for you alone to use. No one at your company will know whether you use heycare or what you use it for.

100% anonymous

Data privacy guaranteed

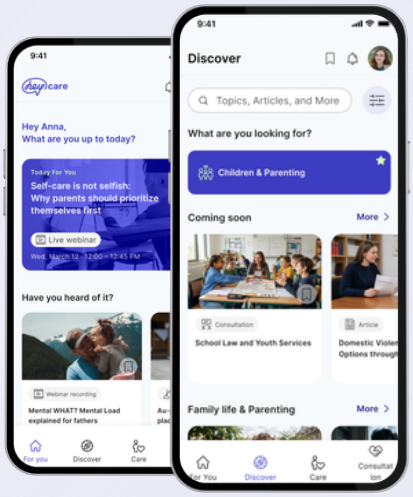
Certified and secure

It's already activated. All it needs is one more click.

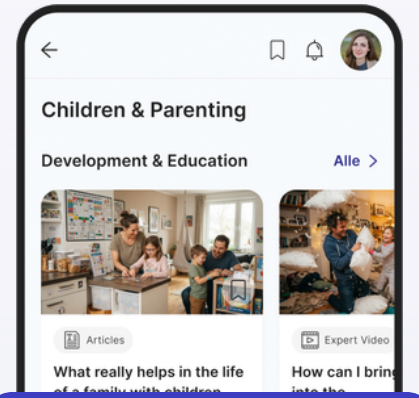
Available to you anytime, anywhere — on your phone or laptop.

Your relief starts here

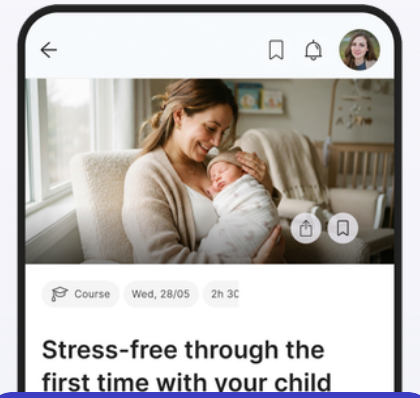
100% confidential | completely free of charge | available at any time



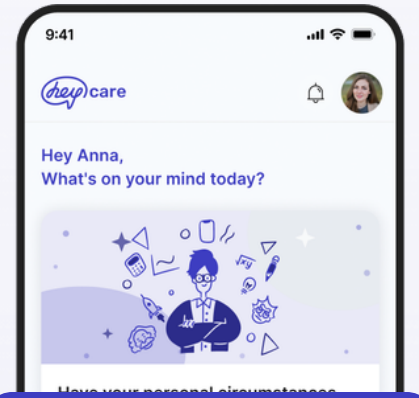
What's inside your app



Over 800 helpful articles



More than 300 courses and videos



Content tailored to you

How heycare is used

Stories from heycare users showing how our services make everyday life easier — quickly and effortlessly.

"The daycare is closing unexpectedly."
Sandra, 41 – Works in logistics
Uses heycare for her two children

We connect you with a **vetted caregiver** — often within just a few days, even in rural areas.

"My mother has to go to the hospital."
Richard, 52 – Works in sales
Uses heycare for caregiving support

Free care consultation with a prompt appointment, practical advice and help with applications.

"I want to grow personally"
Deniz, 29 – Works in customer service
Uses heycare even without an immediate need

Courses and live webinars on self-care and work-life balance — whenever it suits you.

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Questions? team@heycare.com